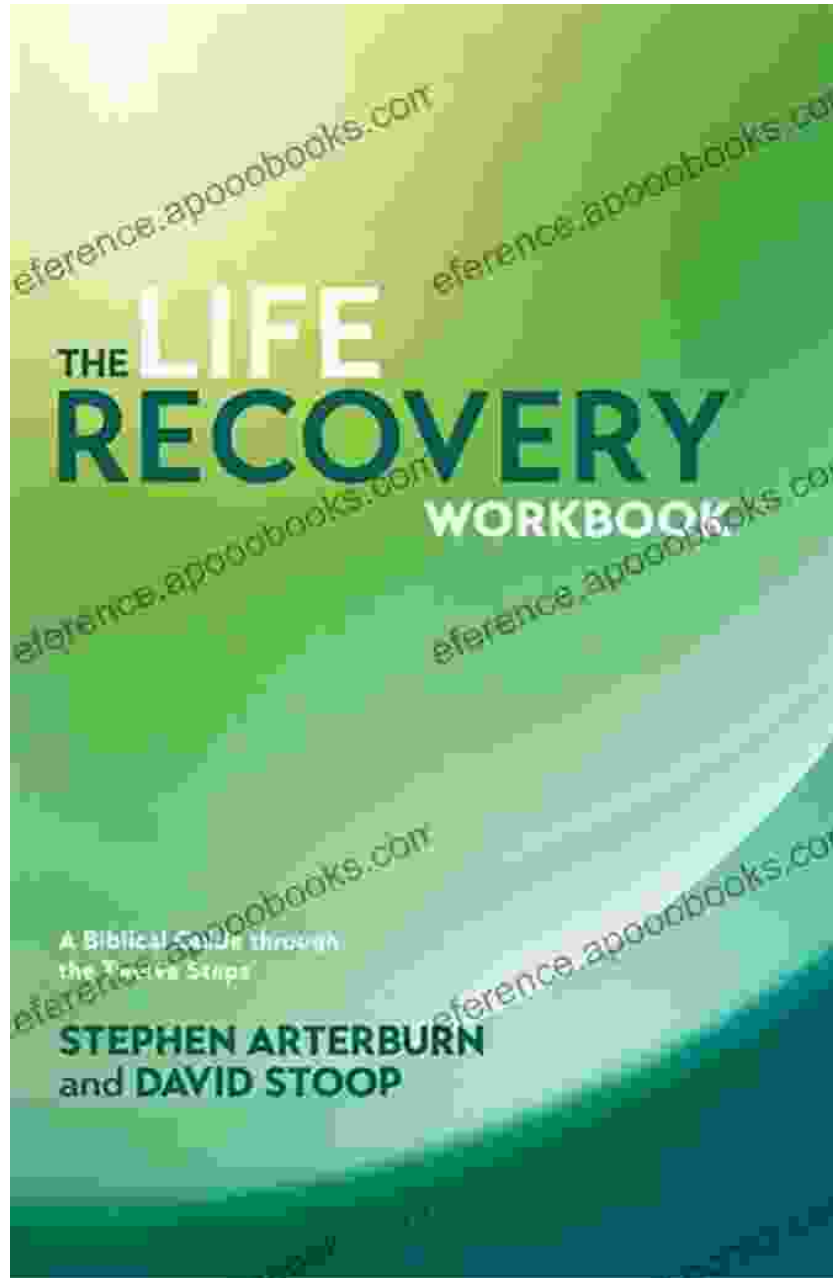


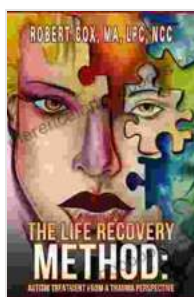
The Life Recovery Method: A Proven Path to Healing and Wholeness



Are you struggling with addiction, trauma, or other life-controlling issues?

If so, you're not alone. Millions of people around the world are struggling with these same issues. And while there is no one-size-fits-all solution, there is a proven path to healing and wholeness.

The Life Recovery Method is a groundbreaking book that offers that path. Written by Stephen Arterburn and Fred Stoeker, this book has helped countless people overcome addiction, trauma, and other life-controlling issues.



The Life Recovery Method: Autism Treatment From A Trauma Perspective by Elvira. Souza Lima

★★★★☆ 4.6 out of 5

Language : English
File size : 1388 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 163 pages
Lending : Enabled



The Life Recovery Method is based on the principles of the 12-step program, but it is not limited to addiction. This method can be used to help people overcome any life-controlling issue, including:

* Addiction * Trauma * Eating disFree Downloads * Gambling * Sexual addiction * Codependency * Workaholism * Financial problems * Relationship problems

The Life Recovery Method is a comprehensive program that includes:

* A 12-step program * A recovery plan * A support network * A spiritual component

The 12-step program is the foundation of the Life Recovery Method. This program provides a structured framework for recovery. It includes:

* Admitting that you are powerless over your addiction or life-controlling issue * Believing that a higher power can restore you to sanity * Making a decision to turn your will and life over to the care of that higher power * Taking a moral inventory of yourself * Admitting your wrongs to yourself, to God, and to another person * Becoming willing to let go of your defects of character * Asking God to remove your shortcomings * Making a list of all the people you have harmed and becoming willing to make amends to them * Continuing to take personal inventory and when wrong, promptly admitting it * Seeking spiritual growth through prayer and meditation * Carrying the message of recovery to others

The recovery plan is a detailed guide to help you recover from your addiction or life-controlling issue. This plan includes:

* Setting goals * Developing coping mechanisms * Building relationships * Managing your finances * Finding a job * Getting involved in your community

The support network is a vital part of the Life Recovery Method. This network includes:

* Family members * Friends * Sponsors * Counselors * Support groups

The spiritual component is also an important part of the Life Recovery Method. This component includes:

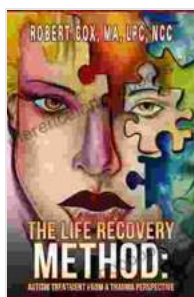
* Developing a relationship with God * Praying * Meditating * Reading the Bible

The Life Recovery Method is a proven path to healing and wholeness. If you are struggling with addiction, trauma, or other life-controlling issues, this book can help you.

Free Download your copy of The Life Recovery Method today!

You can Free Download your copy of The Life Recovery Method online or at your local bookstore.

Don't wait any longer to start your journey to recovery. Free Download your copy of The Life Recovery Method today!

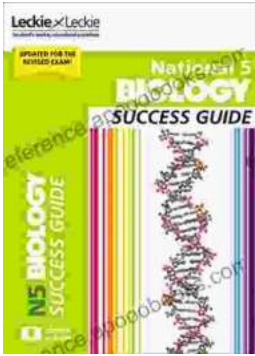


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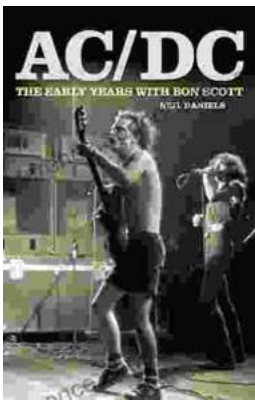
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